



Massage Treatments

Reflexology

50 mins	\$430
75 mins	\$625
100 mins	\$810

Head & Shoulder
Massage

50 mins	\$430
75 mins	\$625
100 mins	\$810

Body Massage –
Traditional Acupressure
Massage

50 mins	\$650
75 mins	\$950
100 mins	\$1,225



Exercise Recovery
Massage

50 mins	\$735
75 mins	\$1,070
100 mins	\$1,385

Aroma Candle Oil
Warm Body Massage

50 mins	\$880
75 mins	\$1,280
100 mins	\$1,655

Add On Items

Foot Scrub

15 mins	\$250
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Head Massage

15 mins	\$230
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Ginger Oil Massage
for Tummy

25 mins	\$230
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Magnetic Detox Therapy

25 mins	\$290
50 mins	\$560

BianStone & Graphene Far
Infrared Heating Therapy
SleepPad

Each session	\$200
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Combo Treatments

Deep Relief \$855

Full Body Massage with Oil (50 mins)
and Head & Shoulder Massage (25 mins)

Full Body Detox \$1,165

Full Body Massage with Oil (50 mins)
and Magnetic Detox Massage (50 mins)

In Depth Soothing \$975

Foot Massage (50 mins) and
Full Body Traditional Acupressure
Massage (50 mins)

Beauty’s Choice \$870

Full Body Massage with Oil (50 mins) and
Ginger Oil Massage for Tummy (25 mins)

Awakening Premium \$1,180

Aroma Candle Oil
Massage Combo

Aroma Candle Oil Warm Body
Massage (50 mins) and
Foot Massage (50 mins)

Lavender Deep \$1,350
Relaxation Massage

Foot Massage (50 mins) and
Full Body Massage with Organic
Lavender Oil (75 mins)



Body Massage with Oil

50 mins	\$735
75 mins	\$1,070
100 mins	\$1,385

Lymphatic Massage

50 mins	\$735
75 mins	\$1,070
100 mins	\$1,385

Ginger Oil Massage

50 mins	\$735
75 mins	\$1,070
100 mins	\$1,385



Family Massage Treatment Journey*

Mummy-and-daughter
Massage Treatment

Aroma Candle Oil Warm Body Massage – Mum
Full Body Massage with Oil – Daughter
50 mins \$1,455

Daddy-and-son Spa
Treatment

Full Body Traditional
Acupoessure Massage – Dad
Dainty Foot Massage – Son
50 mins \$975

*When accompanied by an adult, children aged 6 to 13 are welcome to experience
Sha Tin Clubhouse Massage Rooms designed to delight and relax.